

Supplies | Training | Equipment



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## **COURSE CONTENT**

- Patient assessment
- Cardiopulmonary resuscitation (CPR)
- Automated external defibrillator
- Recovery position
- Airway obstruction
- Heart attack & aspirin
- Stroke
- Clinical practise guidelines









Onsite Training – All courses are delivered at your premises and course fees must be paid in full prior to the arranged date.

1 trainer for every 6 students and a maximum of 6 per each course registered with PHECC.

All course materials including certificates, registration fees, manuals and pocket face masks are included in the cost of the course.

## CARDIAC FIRST RESPONSE (CFR) COMMUNITY LEVEL

## FIRST AID TRAINING

Aim: To train Cardiac first responders at Community level who may be dispatched or come across the following emergencies: cardiac arrest, heart attack, choking and stroke. The care management includes, FAST assessment, cardiopulmonary resuscitation (CPR) for adults, children and infants, AED use and Aspirin administration.

A cardiac first responder plays a critical role in keeping a person alive until the commencement of expert medical care.

Learning: Recognise the signs of a life threatening emergency. Respond in an effective, safe and appropriate manner, to a life threatening emergency, utilising basic life support skills. Retrieve and appropriately use, if required, an automated external defibrillator during a cardiac arrest. Report and Record their actions and interventions appropriately and handover to emergency medical services.

**Course Duration:** 1-day course for 5 hours done onsite

**Participants:** Maximum of 6 people per course registered. Minimum of 6 participants.

**Certification:** All successful candidates will receive a Pre-Hospital Emergency Care Council (PHECC) certificate valid for a period of 2 years

Price: 80-100 euro per person